What to Do on Day One

- 1. Children should be properly dressed in one piece swimsuits, swim trunks or swim diapers.
- 2. Arrive 10 minutes early and have a seat on the benches by the entry door in the pool area.
- 3. Swim Instructors will lead the children from the benches to the pool.
- 4. We request that parents choosing to stay for the lesson remain on the benches to help the instructors maintain the focus of the children they are teaching.